

# **DOs and DON'Ts**

## **for execution of Rural Development works in Sikkim**

As per the order issued by Ministry of Home, Government of India vide No. 40-3/2020-DM-I (A) dated 15<sup>th</sup> April 2020 and directives issued by Ministry of Rural Development, relaxation has been provided to start Rural Development works (MGNREGA / PMGSY/ PMAY/ NRLM) while strictly following the norms for containing the spread of Covid-19. Hence to ensure a strict compliance of Social distancing, safety and precaution, a list of DOs and DON'Ts have been framed for all worksites in the State of Sikkim.

### **DOs (to be ensured at all cost)**

- a) To ensure Social distancing at worksite, a maximum of 05 Job Card Holders to be engaged per work site.
- b) Maximum of Individual Work or works which require small group of workers to be opened.
- c) **Face Mask** (Home made mask preferred)/protective face cover to be made mandatory for all Job Card Holders.
- d) It should be mandatory for all workers to **wash hand for 20 second** with soap and water at the work site on arrival and at regular intervals of one hour.
- e) First aid kit with important medicine as prescribed by the Medical practitioners, water for hand washing, soap and drinking water is to be made available by the functionary at each work site.
- f) Workers shall not gather together for refreshment or lunch in one place without maintaining the minimum distance. A **minimum distance of 6 feet** between two workers to be maintained at all time.
- g) Open works in small clusters to avoid long distance travel by workers / job card holders.
- h) In case of any medical or health issues, the same is to be reported to the functionaries and then to the Block / District control room.
- i) In case of health emergency, the worker needs to be immediately taken to PHSC / PHC from where the case may be referred to the hospital
- j) Ensure that old (60yrs and above) / differently abled and people with pre-existing health issues are taken care of and not provided strenuous/ hard work.
- k) Work demands are to be obtained verbally or at the worksite. Avoid unnecessary travel to GPK.
- l) Eat well to stay well, keep your immune system strong while at work.
- m) Engage workers available within the State only.

**DON'Ts (Ensure that you and your co-workers do not violate any norm)**

- a) Greet your co-workers with Namaste no Hand Shake
- b) Do not touch your co-workers' belonging or items which might have been contaminated.
- c) Do not cough, sneeze and laugh aloud without covering your mouth
- d) Do not come to work if you are suffering from cough, cold, fever, breathing problem or any other flu like symptoms. Instead go and see the doctor. If any worker is showing such symptoms, the Mate/ Asha workers / BRPs of SRLM should bring it to the notice of the concerned authority.
- e) **Smoking, chewing tobacco and spitting** is to be strictly prohibited at the work site.
- f) Do not allow strangers or unknown person to come in contact with you and your co-workers at the work site.
- g) Report to the concerned authority in case any stranger is found moving around your work site / village without any permission or the authority.
- h) Do not bring children to the work site. Children should be left at home (Home is the safest place for now)
- i) If you have been in contact with people who have been taken to isolation / quarantine, inform the mate / GRS at the work site, so that they can help you monitor your health situation.
- j) Do not allow any rag pickers, hawkers to enter your village, premises or work site, since no such activities are allowed during lock down (until 3<sup>rd</sup> May 2020).

**“You can protect your Society from Corona Virus only  
if you protect yourself first”**

**STAY AT A SAFE DISTANCE TO STAY SAFE**

*Issued in public interest by  
Rural Development Department, Govt. of Sikkim*